

*Sea Island*<sup>®</sup>  
GOLF PERFORMANCE CENTER



The Sea Island Golf Performance Center's multidisciplinary, individualized approach creates proven results to lower scores and improve your game, regardless of your skill level. It's one reason that more than 20 touring pros live, play, and/or train here, including Davis Love III, Harris English, Zach Johnson, and Matt Kuchar. What's more, you'll be in one of the most beautiful settings in the world, with access to the amenities of a Forbes Five-Star resort.



# LEARN PLAY STAY



# LEARN

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*Practice areas*



**JACK LUMPKIN**  
*Senior Director of Instruction and  
former PGA Teacher of the Year*



**CRAIG ALLAN**  
*Performance Center Director,  
Master Club Fitter, and Golf  
Digest Top 100 Club Fitter*



**PHIL KENYON**  
*Director of Putting Instruction  
and instructor to several of the  
world's best golfers*



**GALE PETERSON**  
*One of Golf Magazine's  
Top 100 Teachers and former  
LPGA Teacher of the Year*



**DR. MORRIS PICKENS**  
*Sports Psychologist and  
Performance Specialist, teacher of  
three Masters Champions*



**RANDY MYERS**  
*Director of Fitness and trainer  
of more than a dozen  
PGA TOUR professionals*



**JARED ZAK**  
*Elite Instructor and  
former Golf Digest Top  
Young Instructor*



**DANIEL GRAY**  
*Elite Instructor and Golf Digest  
Top Young Instructor*



**JUSTIN PARSONS**  
*Elite Instructor, Instructor  
to Masters and Open  
Championship winners*

# LEARN

With an approach tailored to your individual goals and skill level, our instructors customize your time, whether it's in a one-hour lesson or a program spread over several days.

Working with state-of-the-art technology, including Trackman Radar and 3D capture, our experts help you evolve your performance and execution on the course. And they do it while setting every student at ease, from U.S. Open, British Open, and Masters Champions to juniors just beginning the game.



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## SIX CORE COMPETENCIES COMPRISE OUR APPROACH

- **Long Game**— to produce consistent ball flight
- **Short Game**— chipping, pitching, and bunker play
- **Putting**— specialized instructors using latest technology
- **Golf Fitness**— specialized strength and flexibility training to boost performance
- **Club Fitting**— the “best of class” approach, with fitting systems and clubs in all categories
- **Mental Game**— develops proven mental processes and routines for consistent results

## COMMENTS FROM STUDENTS OF ALL SKILL LEVELS—

“I like working with Victor because he’s really nice and makes golf fun. He teaches me all the parts of the game and takes me on the course. He helped me win the Texas Open and introduced me to Randy Myers, who teaches me how to work out without getting hurt.”

*Carter Jules, competitive junior golfer*

“From full swing to chipping, Gale and I have worked on every aspect of my game. She has a remarkable knowledge of the swing and the ability to make it easy to understand. My game has matured and allowed me to compete at the highest level.”

*Karlin Beck, professional woman golfer*

“Playing golf at Sea Island has been one of the best experiences of my life. The pros have inspired me to be an effective golfer, understand the basic techniques, and strengthen my mental game.”

*Brandon Sires, aspiring college golfer*

“After visiting the GPC, we found the total approach to full swing, short game, course management, tournament prep and evaluation, physical and mental training along with club fitting to be the best avenue for my son to help achieve his goals. The unforeseen benefit was getting to play with young golf professionals, collegiate players, and highly motivated juniors on PGA TOUR courses. What a great measuring stick for where you are and want to be.”

*Tommy Ponder, parent of an aspiring young golfer*

## COMMENTS FROM THE MEDIA—

“...a great golf school should tick the right boxes: a highly rated teaching staff, low student-to-teacher ratio, a variety of programs, great location, and attractive lodging options.”

*Golf Digest* Editor’s Choice Best Golf School in the Southeast

“The resort hopes to turn the 17,000-square-foot center into a kind of Mayo Clinic for golf: Hitting bays open out to a manicured range with views of the Atlantic, and golfers can wire up to have their swings analyzed electronically. You can putt on an artificial green that generates its own humps and swales, complete with laser-beam projections of how they’ll break.”

John Paul Newport, writer, *Bloomberg*, following a fitness session at the Sea Island Golf Performance Center.



*Karlin Beck with instructor Gale Peterson*



*Junior golfer Carter Jules with instructor Victor de Sola*



*Brandon Sires with instructor Jared Zak*

# PLAY

Use what you have learned on one of our championship courses



*No. 13, Seaside Course*



*Speedway Course*

## SEASIDE—

*Links style*

***Par 70; Six tee areas; 5,048 to 7,005 yards;  
120 to 141 slope***

Along with Plantation, Seaside is home to the PGA TOUR's RSM Classic, hosted by Sea Island Touring Professional Davis Love III. Originally designed in 1929 by Harry S. Colt and Charles Alison, Seaside was redesigned in 1999 by Tom Fazio. The course places a premium on careful shot selection, recovery, and putting. With 15 holes flanked by marsh, water, and ocean views, and an abundance of coastal winds, Seaside challenges golfers from tee to approach.

## SPEEDWAY PUTTING COURSE—

Adjacent to The Lodge and overlooking the Atlantic and St. Simons Sound, this 18-hole putting course was designed by Mark and Davis Love III. Open daily, it's a fun, authentic, year-round activity for friends and family.





## RETREAT—

*Resort style*

***Par 72; Six tee areas; 5,082 to 7,106 yards;  
117 to 135 slope***

Davis Love III and his brother, Mark, redesigned Retreat in 2001, blending players' preferences from the previous course and creating an original design that is dramatic. Green complexes combine slope, sand bunkers, and undulations, creating a masterful test challenging the golfer to hit a variety of shots.



*No. 6, Retreat Course*



*Plantation Course*

## PLANTATION—

***Par 72; eight tee areas; 4,129 to 7,093 yards;  
106 to 130 slope***

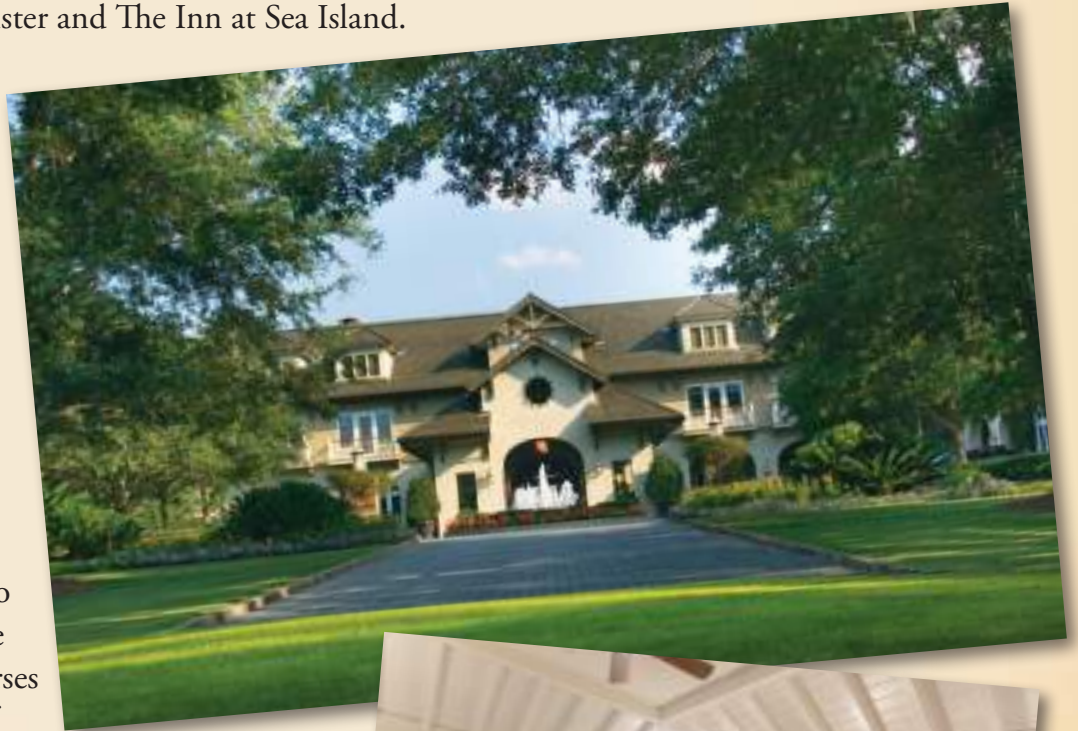
Sea Island's original course, designed in 1928 by Walter Travis, Plantation was updated in 1998 by Rees Jones and re-opened following a complete renovation in 2019 by Davis Love III and his brother, Mark. With strategic bunkering and classic green complexes, Plantation plays through majestic oaks and along the water. Views throughout are long and breathtaking, while a premium is placed on accurate shots to the green. A great mix of short and long holes gives the player a fun and visual challenge, with green complexes that offer a fun challenge on each hole.

# STAY

Sea Island offers four options for accommodations from casual to Forbes Five-Star. Regardless of your choice, you have full access to the Sea Island Golf Club and the Golf Performance Center, with transportation available from The Cloister and The Inn at Sea Island.

## THE LODGE

Reminiscent of an English country manor, The Lodge is adjacent to two of Sea Island's three championship golf courses and the Sea Island Golf Performance Center. Perennial recipient of the Forbes Five-Star and AAA Five-Diamond awards, The Lodge has 43 rooms and provides 24-hour butler service. Adding to the guest experience, The Lodge includes 7 golf cottages with a total of 21 sleeping rooms, an oceanfront pool, pool house, and 18-hole putting course.



## THE CLOISTER

The Forbes Five-Star Cloister features 265 rooms and suites, with river and ocean views. Perfect for nature lovers, it is close to the beach, Beach Club, Forbes Five-Star spa, and other resort amenities.



## SEA ISLAND COTTAGES

Providing the spaciousness, convenience, and privacy of a personal home, cottages are fully equipped, many with pools. Cottage guests enjoy access to all Sea Island experiences and amenities.



## THE INN AT SEA ISLAND

The 85 rooms of The Inn offer casual, mid-priced accommodations on St. Simons Island. Enhance your stay by choosing a rate that provides access to many Sea Island amenities, including the Sea Island Golf Club and Golf Performance Center.





Located midway between Jacksonville, Florida and Savannah, Georgia, Sea Island is served by four area airports.

- 60-minute drive from Jacksonville International Airport (JAX), and 75-minute drive from Savannah International Airport (SAV)
- 20-minute drive from Brunswick Golden Isles Airport (BQK), serviced by ASA/The Delta Connection
- 10-minute drive from The Cloister— five minutes from The Lodge— from the private McKinnon St. Simons Island Airport (SSI)

*Sea Island*<sup>®</sup>

855-706-7084 seaislandgpc.com

